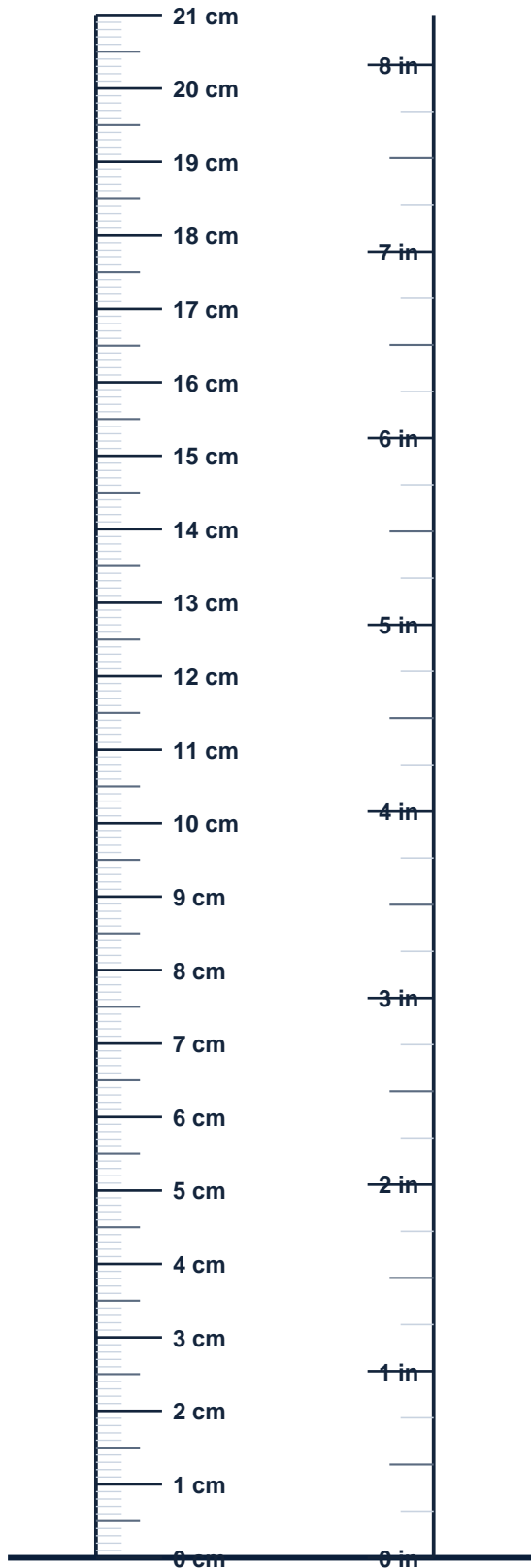


247Sizing Printable Foot Ruler

Measure your foot length accurately — the one number that works in every country.

247sizing.com · free to print · no sign-up



■ **HEEL** — place the back of your heel flat against this line

CALIBRATION — this bar must measure exactly 50 mm (5 cm).



If it doesn't, reprint with scaling set to 100% / Actual Size (never 'Fit to page').

How to measure

1. Print at 100% and check the 50 mm bar below.
2. Tape this sheet to the floor against a wall.
3. Heel to the HEEL line, stand with weight on.
4. Mark where your longest toe ends.
5. Read the cm at the mark. Measure both feet, use the larger. Best done at end of day.

Quick size lookup (foot cm)

cm	US M	US W	UK	EU
22	–	7	5	35.5
23	–	7.5	5.5	36.5
24	7	9	6	38
25	8	9.5	7	39.5
26	9	10.5	8	41.5
27	10	11.5	9	43
28	11.5	12.5	10.5	44.5
29	12.5	–	11.5	46
30	14	–	13	48

Add ~1 cm for comfort

Charts use shoe length, not bare foot.

Brands vary — see the converter.